

**IMPLEMENTING SOCIAL EMOTIONAL STRATEGIES  
THAT SUPPORTS A POSITIVE SCHOOL CLIMATE**

# OBJECTIVES

- Complete a resource map to help coordinate school support services
- Review a systemic approach that will guide your team in proactive planning for students' exhibiting challenging behaviors
- Engage in planning and reflective activities



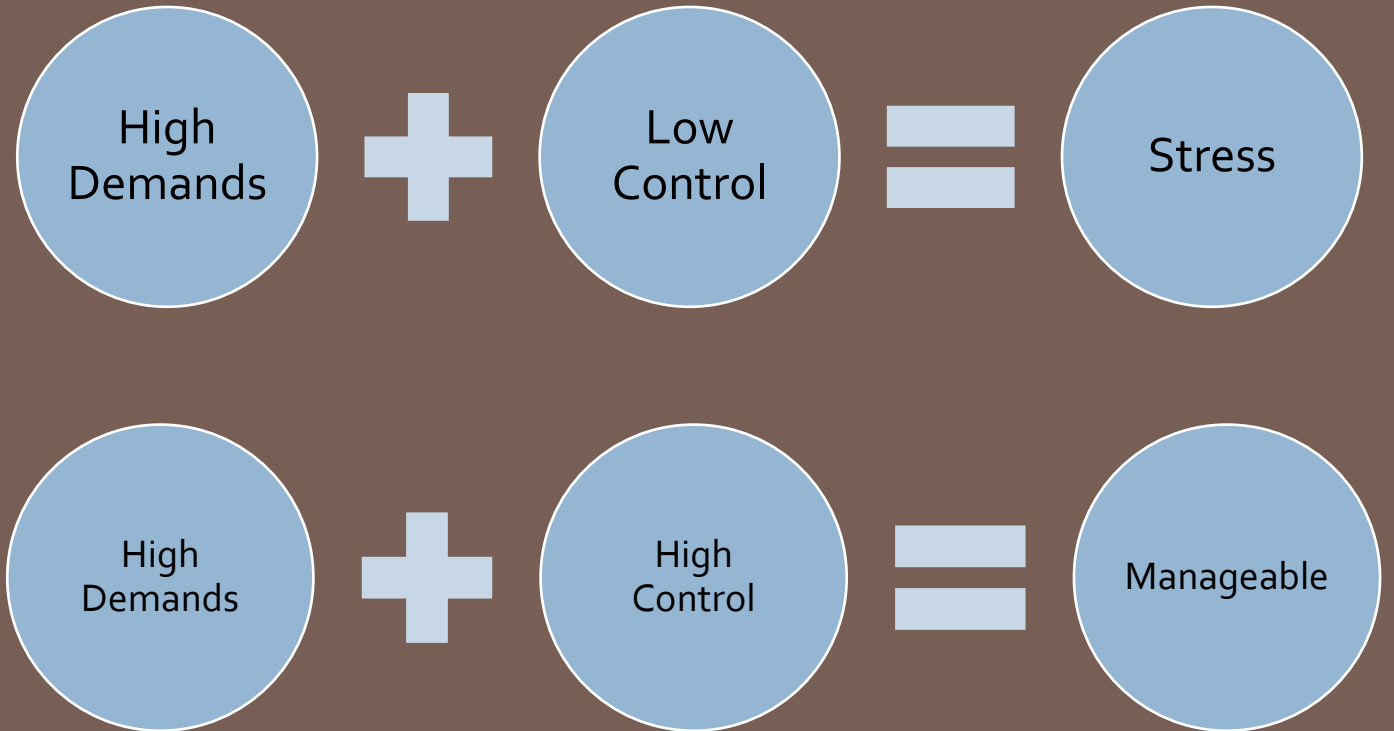
# LET'S TALK SCHOOL CLIMATE



# TAKING CONTROL OF YOUR SELF-CARE



Managing work and life pressures



# CREATING PLANS THROUGH THE TRAUMA LENS

*“If we don’t look for or acknowledge trauma in the lives of children and adolescents, we end up chasing behaviors and limiting the possibilities for change.”*

**-Suarez, Flores & Zamarelli, 2007**



# PREVALENCE OF EARLY CHILDHOOD TRAUMA

## Abuse/Neglect

- Children under 5 have the highest rate of abuse.
- In 2012, 3.4 million referrals were made to CPS.

## Violence

- 1 in 6 children under age 6 have experienced severe injuries.
- Physical trauma and exposure to domestic and community violence are one of the most common traumatic stressors in under age 5.

# TRENDS IN SUICIDE RATES

## Suicide in U.S.A

- 10<sup>th</sup> leading cause of death

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## Youth in U.S.A

- 2<sup>nd</sup> leading cause of death in youth ages 15-24

- 2<sup>nd</sup> leading cause of death in youth ages 10-14

American Association of Suicidology, 2015

Center for Disease Control and Prevention, 2014





# CHANGING OUR LENS

Trauma-informed practice is a paradigm shift – shifting away from the deficit/blaming model to one with understanding & compassion





Los Angeles Unified School District  
School Mental Health | Crisis Counseling and Intervention Services

# SHIFTING THE PARADIGM

A shift in perspective where a cooperative and collaborative approach is adopted.

Students' needs are addressed in a holistic manner.



# RESILIENCE FACTORS

1. Sense of safety
2. Ability to be calm
3. Self-efficacy and community-efficacy
4. Connectedness
5. Hope



# SYSTEMIC AND COLLABORATIVE APPROACH

Resource Mapping

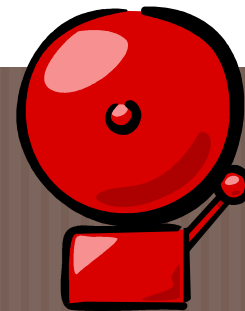
Effective Use of Resources

Creating Collaborative  
Opportunities

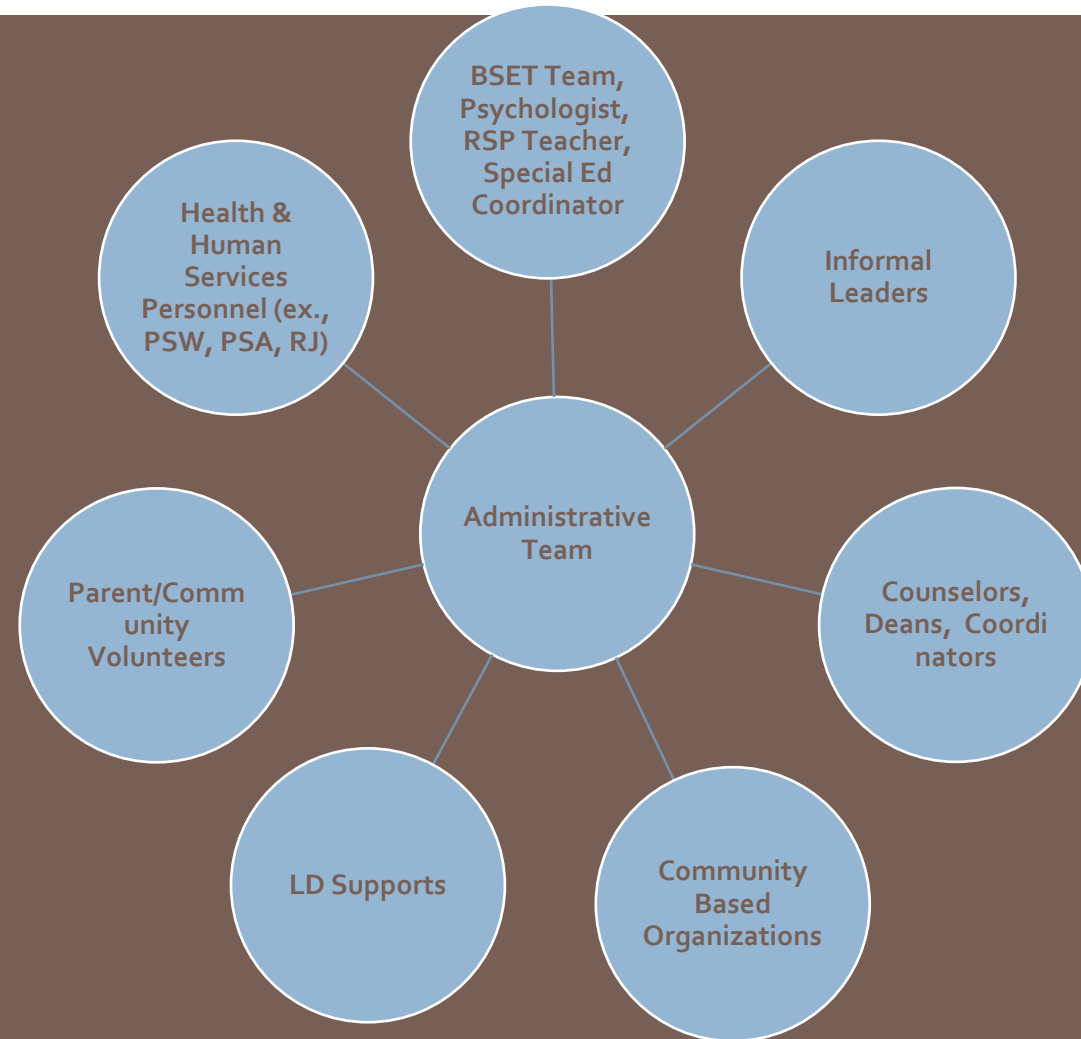


- We Prepare for and Practice Fire Drills
- We Prepare for and Practice Earthquake Drills
- We Prepare for and Practice Lockdown Drills

*Do we plan and practice how we will address students' social emotional needs?*



# RESOURCE MAPPING





# THE MIRACLE QUESTION...

VALUE

- What is the value you want to promote?

CHALLENGES

- What challenges may you encounter?
- What can you do differently?

SOLUTIONS

- What can you model?
- What do you commit to?



# INTENTION FOR THE YEAR

- What Resiliency Factor do you want to promote this year?
- Who will help you support this goal?
- What Data will you consider?
- How will you test the data?
- Multi-tiered Approach (Universal, Targeted, Intensive)
- How will you support Staff?
- How will you support Parents?
- What help do you need?

# REMINDERS: CRISIS SUPPORT

- SCHOOL SITE CRISIS TEAM
  - THREAT AND SUICIDE ASSESSMENT LIAISONS
- BEHAVIOR CRISIS
  - BSET
  - DEESCALATION INTERVENTIONS







Thank  
you!!

# RESOURCES

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